

HEALING THROUGH ART: OVERVIEW

PAINTING

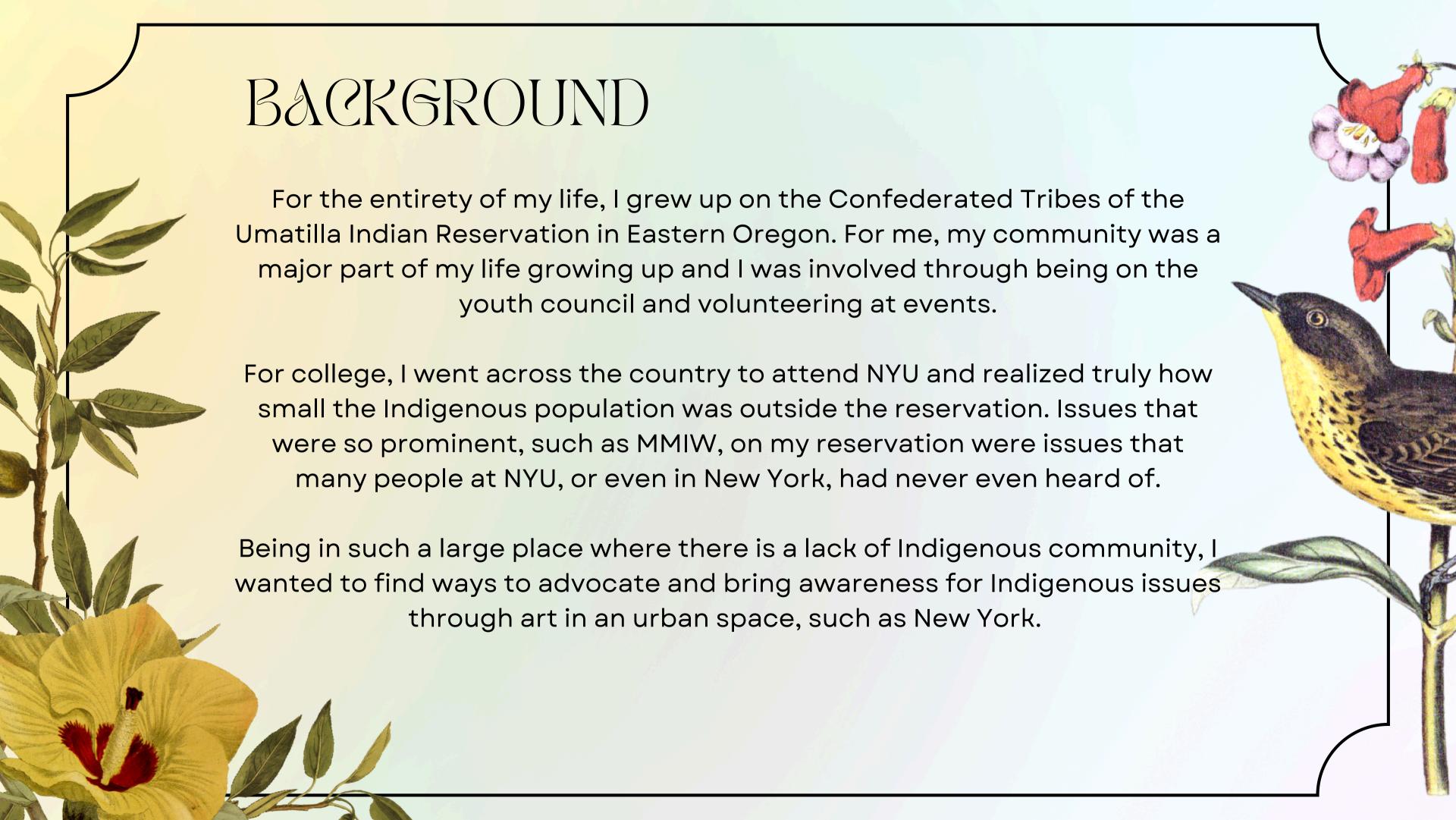
The goal of the series of oil paintings is to raise awareness about the silence of the MMIW issue. The oil paintings each tell their own story, sharing different perspectives of advocacy.

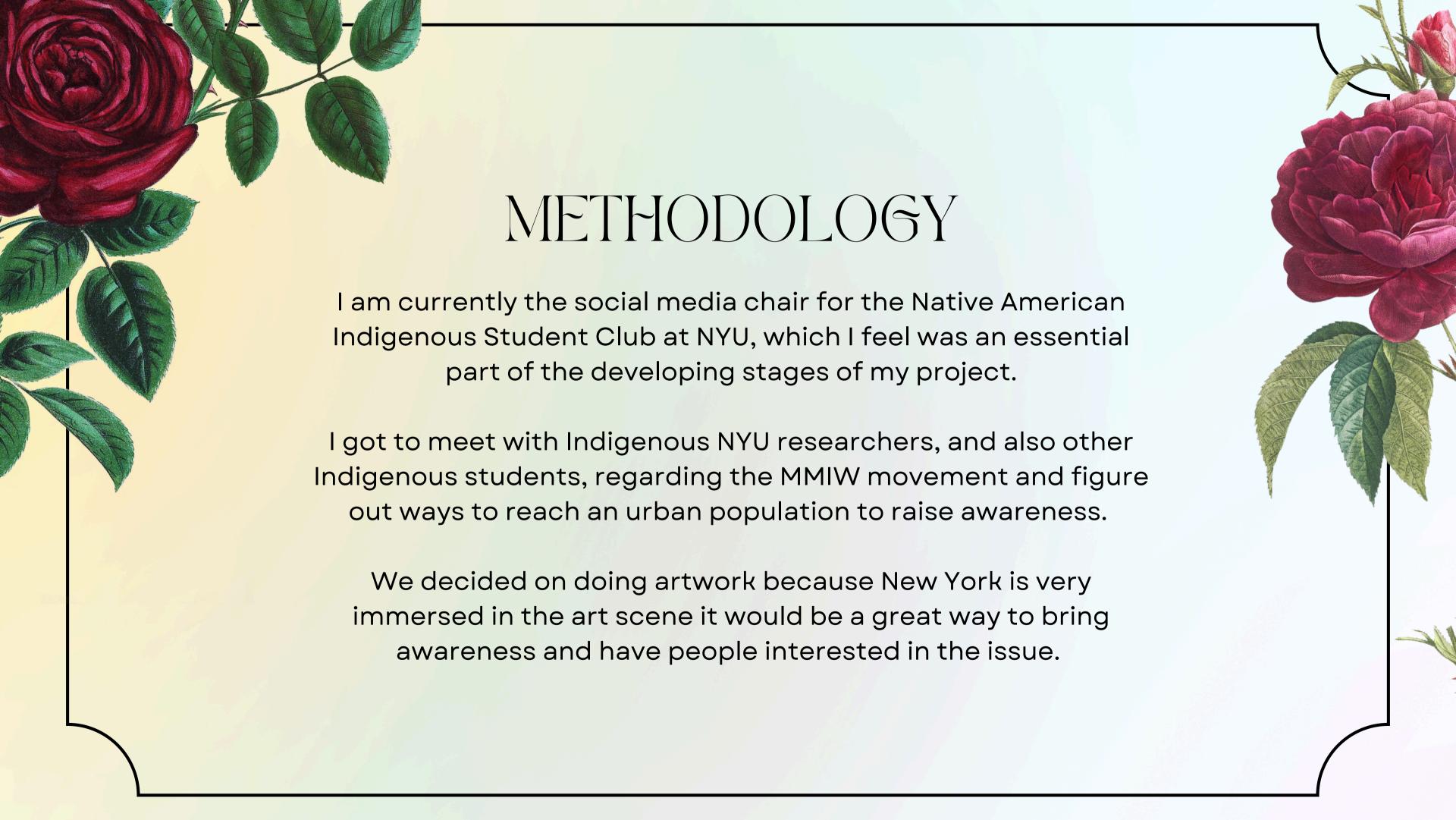
POETRY

The oil paintings are given a clearer meaning through a series of poems, which correlate to each painting and give further insight into the different perspectives.

ADVOCACY

The goals of each of the paintings and poetry is to advocate for the MMIW movement, while healing and empowering victims.







OUTCOMES AND NEXT STEPS

Outcome One

Being able to find an Indigenous issue within the community, and share common interest - both professional and personal.

Next Step One

Upload artwork on to digital online gallery.

Outcome Two

Being able to share my artwork at meetings and through social media.

Next Step Two

Continue to create and advocate through art and create a separate art Instagram account.

Delicacy

A planted seed to start

A few months pass, and after a cold winter there is sunshine at last

Then comes rain, and a little sprout

By the month of May, finally in full bloom

A bright red flower sways in the wind

It stands strong planted just beneath

However, someone sees the bright red flower

Sees it for all of it's beauty

Tries to see if they might be stronger too

Strangers come and pick this flower

Only to find out its root was stronger

However, no matter how strong the flower is

The perpetrator seems to always win

Being picked and taken isn't a weakness, for this flower.

The flower knows it's beauty and it's strength

However, the life of the flower is delicate

And it's the negligence of the perpetrator that causes this



Intuition

Two People exist within me

One is present me, one is past me

I call this past me intuition

She knows what will come because she has experienced what has happened.

Then there is present me, who feels her inside when I suspect something

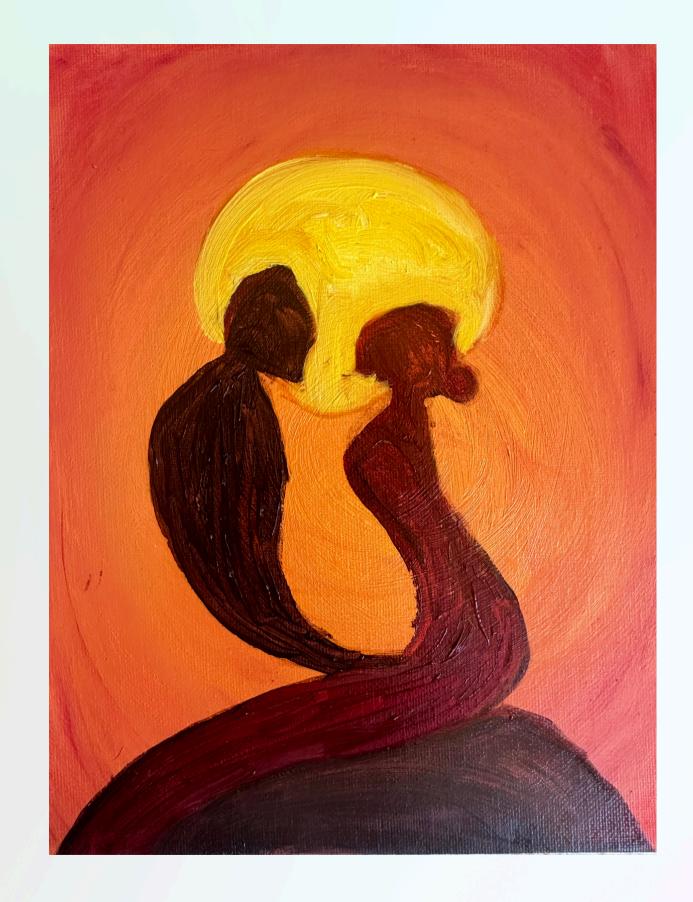
Something from the past following from the shadows

This intuition is shared among all women

All Indigenous women who feel the intuition of their grandmother, aunt

To understand and grieve the pain of loss, but to feel the intuition within

To help share the message and lessons with your daughter.



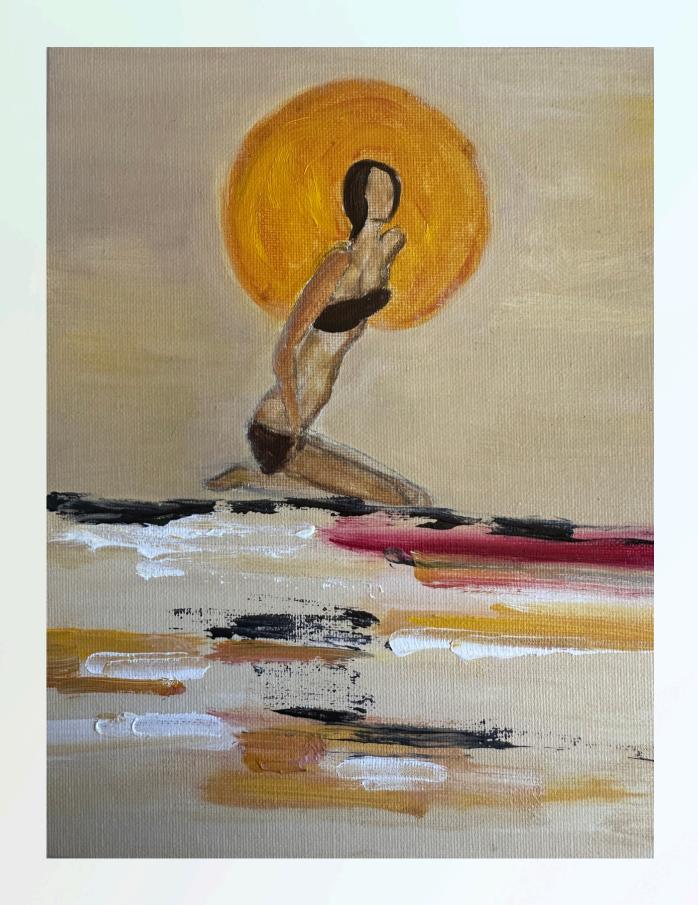
Complacency

I am not meant to be put into this box
The box that tells me what to do
Who I am
Where I belong
I know who I am
I know what I like
I know what I believe in
I don't want to be put into the box of complacency
I am not just told to be in this box
I am forced into this box
Taken from what I know
And me and my sisters
Are forced into the box of white man's complacency



A full sun

The sun doesn't revolve around the earth,
It is the earth that revolves around the sun.
However, my earth stopped moving when you went missing
So I believe the sun revolves around me now.
As you're my sun and my light that continues
That shines not just for you
But for everything and every sister that has also gone missing.



White Blindness

I close my eyes and open again
However, I still seek darkness
I don't know where to go
Or where I am being led.
My condition is out of my jurisdiction
My eyes are covered
And so are yours
Both by white perpetrators
Who still say they don't believe you





Thank You!

